



Title of paper:	Olympic Legacy: Physical Activity, Sport and Physical Education (PE) for young people in Nottingham: The work of School Sport Nottingham.	
Report to:	Children's Partnership Board – For Information	
Date:	27th March 2013	
Relevant Director:	Candida Brundenell	Wards affected: All
Contact Officer(s) and contact details:	Martin Smith	
Other officers who have provided input:	Nick Robb, Lyndon Roberts	
Relevant Children and Young People's Plan (CYPP) objectives(s):		
Stronger safeguarding – With a key focus on ensuring that there are high standards of safeguarding across all agencies and that the Partnership takes a pro-active approach to the elimination of domestic violence.		
Healthy living – With a key focus on increasing the proportion of children and young people who have a healthy weight.		Yes
Reducing substance misuse – Partnership work to lessen the impact on children of parental drug and alcohol misuse and to reduce drug and alcohol misuse amongst children and young people.		
Raising attainment – Raising the attainment levels and increasing engagement in employment, education and training.		Yes
Improving attendance – Improving rates of attendance at both Primary and Secondary as a key foundation of improving outcomes.		Yes
Summary of issues (including benefits to customers/service users):		
<p>Withdrawal of Government funding for Physical Education and School Sport in 2011 required an innovative solution.</p> <p>Nottingham City Council's Curriculum Service developed a partnership approach to delivering high quality physical activity, sport and physical education across Nottingham.</p> <p>From this School Sport Nottingham was created forming a single sports partnership which is overseen by the Physical Activity, Sport and PE Strategy group. This group is aligned with the broader strategic needs of the city and requires a direct reporting line to the Children's Partnership Board.</p>		
Recommendations:		
1	The report is noted	
2	That the CPB receive reports and provide feedback and comment to help direct the work of the Strategy Group overseeing the work of School Sport Nottingham.	

1. BACKGROUND AND PROPOSALS

In 2012 Curriculum Service re-aligned the PE and School Sport provision for City schools by creating a single Sports Partnership across Nottingham.

Combining two previous School Sports Partnerships and taking an innovative partnership approach to joint working and funding; with Nottingham City NHS, Nottingham Trent University and the Youth Sports Trust; the Service created **School Sport Nottingham**.

This new body now delivers a high quality and comprehensive programme of competitions, physical activity initiatives, coaching, continuing professional development (CPD) for teachers and a strong Youth Sports Leadership programme for schools throughout the City.

If Curriculum Services had not intervened this co-ordinated provision would have been lost to the City.

Guiding this work is the Physical Activity, Sport and PE Strategy Group, which oversees the work of School Sport Nottingham and ensures that the needs of partners and community stakeholders are met.

In order that the work of School Sport Nottingham is aligned with the broader strategic needs of the City it is important that there is a direct line of reporting to and feedback from the Children's Partnership Board.

The programme is reliant on external funding, project and initiative funding.

This has the potential to place the programme at risk if schools do not buy back the service as it would seriously harm Nottingham's ability to respond to future funding from central government.

A summary of last years work programme and planned work for this year is given below:

School Sport Nottingham 2012 / 13.

- School Sport Coaching in over 40 schools delivering coaching in a range of sports.
- Nottingham Trent University students delivering a programme of teaching and coaching in 20 primary schools including - Change 4 Life Clubs and Energy Clubs.
- 23 Schools have received training to deliver Positive Play activities at lunch times.
- 20 schools will be hosting Healthy Lifestyle Clubs during the summer term.
- Over 80% of City Schools registered for the national School Games programme.
- School Games competitions delivered in 26 sports to over 5000 pupils, receiving a regional award for its work at the National School Sports Awards.
- School Olympic torch relay and Sports Days organized.

School Sport Nottingham 2013 / 14

- Launching the "Get Active Get Smart" membership programme providing schools with high quality coaching, Change 4 Life Clubs, staff CPD, sports activity days and priority access to new programmes.
- Developing a further 24 Change for Life Clubs.
- Support for the delivery of healthy lifestyle coaches in 12 Primary Schools.
- Development of Fundamental Movement Skills programmes for Early Years settings to complement the new PE curriculum.

- Extension of the Nottingham Trent University coaching programme.
- Selected to deliver Sport England's Club Links Makers programme.
- Extended provision and support to schools following the Government's imminent announcement of £100m investment into school sport.

Change4Life Clubs

We have been extremely successful in establishing our Change4Life clubs across the City and this momentum will be maintained following a successful bid for additional resources to establish a further 24 Clubs, with support from NHS Nottingham City, this programme is being rolled out from January 2013 through a partnership with Nottingham Trent University and the Sport Coaching degree students.

Change4Life Sports Clubs is an exciting programme aiming to harness the inspiration of the Olympic and Paralympic Games. It encourages less-active* primary and secondary aged school children to do more physical activity and engage in sport.

Children deemed less-active do not undertake the recommended daily minimum of 60 minutes of moderate to vigorous intensity physical activity, often because they face barriers ranging from social to physical. While these are national recommendations you can identify the less-active children in your school and help them to overcome these barriers and become part of a Change4Life Sports Club. After all, it's important to make physical activity a habit if we're to reduce the likelihood of chronic disease in later life.

Change4Life Sport Clubs take the principles and specific skills from a range of Olympic and Paralympic sports and place them in a fun, vibrant and exciting activity club.

Primary clubs. Primary clubs capture the essence of the sport without directly delivering sport-specific content, and are grouped under three multi-sport themes:

Adventure: canoeing, cycling, orienteering, rowing, sailing

Creative: cheerleading, dance, diving, gymnastics, skipping, swimming, trampolining

Target: archery, boccia, bowls, fencing, goalball, golf

Playgrounds Activity Managers

22 staff from City Primary Schools attended our Playgrounds Activity Managers training that supports and trains them to develop children's physical activity at lunch times. This programme has also linked with Healthy Schools who are directly supporting nine schools and will be monitoring progress and impact of the work.

Healthy Lifestyle Coaches

We have been invited by the Youth Sport Trust to be a lead area for their Healthy Lifestyle Coaches programme that is funded by the People Health Trust. This will draw in funding of £9000 and involve working with 12 primary schools to inspire children who are less active to choose and enjoy sport and physical activities. We are looking to link this with work in the Bilborough area and with Nottingham University Samworth Academy who have been selected as the lead Health & Well Being School for Nottinghamshire.

The Healthy Lifestyle Coaches Project is designed to support schools in health deprivation areas, to increase the number of young people participating in physical activity and to help schools maximise their involvement in health-focused initiatives such as Change4Life Sports Clubs and other Change4Life campaigns.

The Youth Sport Trust, working in partnership with the People's Health Trust, wishes to recruit healthy lifestyle coaches to support schools to inspire less active children and young people to choose and enjoy new sporting activities and to deliver key health education outcomes through activity sessions.

Participating in these school sport programmes can support the Change4Life key messages of 60 active minutes per day several times a day, together with wider health education outcomes and healthy lifestyle messaging.

Paralympic Sports Coaching

We delivered a very successful Paralympic Sports Coaching programme to 16 primary schools highlighting disability sports and developing young people's perceptions and understanding of disability sport.

Family FUNS programme

We have been liaising with Create Development with a view to piloting and rolling out their Family FUNs programme in Nottingham.

What is 'Family FUNS'?

'Family FUNS' is essentially a flexible programme generally delivered within a 'Family Learning Club'. It is aimed at accelerating the development of the Fundamental Movement Skills of children, actively involving a parent or carer to work alongside their child, under the support and guidance of a trained deliverer.

Over regular sessions it aims to empower parents and give them the confidence to use the 'Family FUNS' games and activities outside the structured sessions, so that activity can be continued in the home setting, where children are now often at their most inactive.

Alongside physical improvement, the programmes also provide the family with an opportunity to develop self-esteem, build determination and resilience, improve their ability to cooperate and work well with others.

The programmes are flexible and personalised to fit the experience and needs of the target group / families, for example:

'Family FUNS' for Early Years

'Family FUNS' for young people with disabilities.

We are currently developing our "**Get Active, Get Smart**" activity and membership programme that will be offered to City Primary Schools for the 2013 / 14 academic year. These discussions have also involved Notts County Football In The Community as a potential delivery partner.

Club Link Makers – Club Links Satellite Clubs

School Sport Nottingham has been selected to support the delivery of the Sport England 'Club Link Makers' Initiative to encourage stronger links between secondary schools and local clubs and encourage more young people to participate in sport outside of school. An outline of the programme is given, below:

1. An established sports club sets up an extension of its club in a local area; we call this a satellite.
2. The club works with local organisations such as community groups and schools to identify what local young people want; we call this the local partnership.
3. Together, the partnership finds a venue. Ideally this is a place where young people already meet, for example a youth club or school.
4. The partnership promotes the satellite to local young people.
5. The club provides a coach and any equipment needed so that they can run this satellite from that venue one day a week.

2. RISKS

There is a risk to the programme and consequently the outlined CYPP priorities if schools do not buy back the service as it would seriously harm Nottingham's ability to respond to future funding from central government.

3. FINANCIAL IMPLICATIONS

Two posts and associated work streams are dependent on continued funding from Youth Sports Trust (School Games Organisers Funding and Club Link Makers funding) and Nottingham City NHS. Plans are being developed to provide direct funding from schools for a School Sport and PE support package, in order to sustain the programme.

4. LEGAL IMPLICATIONS

None

5. CLIENT GROUP

All young people in school settings.

6. IMPACT ON EQUALITIES ISSUES

This is a universal provision, with some targeting in relation to physical and health needs. However, a range of inclusive sporting and physical activity programmes are delivered in support of our Paralympic Sports programme.

7. OUTCOMES AND PRIORITIES AFFECTED

School Sport Nottingham contributes to developing healthy outcomes for children and young people by working with and through schools and local sports clubs to broaden participation rates in both schools sport and physical activity.

By providing support for schools to deliver high quality PE and schools sport contribute towards improving attendance and engagement in learning.

8. CONTACT DETAILS

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